Reader Recipes Wild Rice Soup

- 1/3 cup uncooked wild rice
- 1 tablespoon vegetable oil
- 1 quart water
- 1 medium onion,
- chopped
- 1 celery rib, finely chopped
- 1/4 cup carrots, finely
- chopped
- 1/2 cup butter 1/2 cup all purpose
- flour
- 3 cups chicken broth 2 cups half-and-half
- cream 1/2 teaspoon dried
- rosemary, crushed 1 teaspoon salt

In a medium saucepan, combine the rice, oil, and water; bring to a boil. Reduce heat; cover and simmer for 30 mins. Meanwhile, in a dutch oven, cook the onion, celery, and carrot in butter until vegetables are almost tender. Stir in flour until blended; cook and stir for 2 mins. Slowly stir in broth and undrained rice. Bring to a boil; cook and stir until slightly thickened, 2 mins. Reduce heat; stir in the cream, rosemary, and salt. Simmer, uncovered, until rice is tender, about 20 mins. From Spirit Lake Food Distribution Program, originally printed in North Dakota Living

Tomato Jam

2 pounds plum or Roma tomatoes, cored and cut into 1-inch pieces 1/2 cup packed dark

brown sugar 2 tablespoons apple

cider vinegar 1 tablespoon grated

peeled fresh ginger 1 teaspoon kosher salt

1/2 teaspoon ground cumin1/4 teaspoon smoked

paprika 1/4 teaspoon red pepper

flakes Combine all ingredients in a 3 to 4-quart dutch oven. Bring to a boil over medium-high heat, stirring occasionally. Simmer the jam until thickened, about 2 hours. Reduce the heat to medium and gently boil, stirring occasionally, until thick and jammy, about 2 hrs. You'll know it's done when you can scrape a spoon across the bottom of a pot and no liquid fills in the path. Divide the jam between two 8-oz. canning jars. Cool. then seal and refrigerate up to 2 weeks. From www.thekitchn.com



Aculief Hat uses a combination of ice and pressure to relieve headaches and migraines.

Headache Hat Relieves Pain

The Aculief Headache Relief Hat uses compression and ice to alleviate normal headaches and migraines.

Users have reported experiencing relief within minutes of using the Aculief. The product is especially useful for those who suffer from chronic headaches and migraines. Aculief can also help to reduce pain and tension in the head and neck.

Cold therapy reduces swelling, discomfort, and pain caused by headaches, migraines, inflammation, and injury. The Aculief Migraine Hat provides a cooling sensation and soothing relief for the pain points in your head and neck.

The ice cap is kept in the fridge or freezer so it's ready to use when a headache or migraine comes on.

It's made from a non-toxic medical-grade liquid gel with a PVC cover. It's reusable for up to 300 cycles.

The cap stretches to fit most head shapes and has an adjustable strap.

The Aculief hat sells for \$30.99 with free shipping on the company website and is available at Amazon as well. It has a 4.4 out of 5-star rating and over 580 reviews.

Contact: FARM SHOW Followup, Aculief, 177 Huntington Ave, Boston, Mass. 02115 (www.aculief.com).



Keys fold out similarly to a blade or tool folding out of a Swiss Army Knife.

A Compact Key Holder

At first glance, the KeySmart compact key organizer may remind you of a pocketknife, but it's much more than that.

A KeySmart key holder can fit up to eight flat standard-sized house keys. There's also an expansion kit that allows the KeySmart holder to accommodate 14 keys.

It's easy to assemble and doesn't require any tools. Once installed, the keys fold out similarly to a blade or tool folding out of a Swiss Army Knife.

The organizer is built with aircraft aluminum frames and stainless-steel hardware. There's also a loop piece attachment for your larger car keys or a car fob remote.

There are several useful accessories to help create a top-flight utility organizer and key holder. There's a KeySmart mini-tool selection to choose from, such as the Quick Release Keychain, Bottle Opener, Pocket Clip, MultiTool, NanoPliers, and many others.

There's even a way to track your KeySmart organizer by adding a holder for an Apple AirTag.

The KeySmart Original is only \$19.99, The KeySmart iPro Black is \$69.99, the KeySmart Pro with Tile is \$49.99, and the heavy-duty KeySmart Max is \$79.99.

Contact: FARM SHOW Followup, KeySmart, 860 Bonnie Lane, Elk Grove Village, Ill. 60007 (ph 888-900-5947; Orders@MyKeySmart.com; www. getkeysmart.com).





Bril uses UV-C light to kill bacteria on a regular toothbrush.

Keep Your Toothbrush Bacteria-Free

The Bril sanitizer keeps your toothbrush bacteria-free using ultraviolet LED technology to kill 99.9 percent of bacteria.

Just slip the toothbrush head into the case and close it. Blue UV light sanitizes for about 3 mins. before going out. The toothbrush stays in the case to protect it between uses.

"It has a magnet to hang it on the medicine cabinet or mirror frame," says a company rep.

All sizes of toothbrushes fit inside the lab-tested Bril. It comes with a charger and lasts up to 30 days between charges. The LED chip offers over 20,000 hrs. of sterilization. UV sterilization is widely used in professional settings.

Priced at about \$30, the company offers discounts for orders of multiple Bril units. It can be purchased through the website or Amazon and comes in white, black and navy. The Bril sanitizer has a 4.4 out of 5 stars rating on Amazon with over 1,250 reviews.

Contact: FARM SHOW Followup, Bril, 9160 E. Del Camino Drive, Suite B1, Scottsdale, Ariz. 85258 (ph 888-746-8638; service@getbril.com; www. getbril.com).



FlipFork is a spatula, bottle opener, fork, meat tenderizer, and knife all in one tool.

5-In-1 Grilling Tool Does It All

Because it includes five tools, some call the patented FlipForkTM a "Swiss Army knife for grilling." It does everything grill masters need it to do, from opening a bottle to slicing meat.

The dishwasher-safe, slotted, stainless steel spatula is heat resistant up to 1,000 degrees and has a comfortable ergonomic Acacia wood handle. It's sturdy enough to flip a 42-oz. steak. You can tenderize meat with the serrated knife on one edge and cut meat and other food with the sharp 3 1/2-in. blade on the other side. There's a handy bottle opener built into the spatula.

Available on Amazon and online for about \$25, The FlipFork website (www. myflipfork.com) offers savings when purchasing more than one. Reviews are positive, and FlipFork offers a 30-day money-back guarantee and lifetime warranty.