

Reader Recipes

Corn Pudding

1 15-oz. can whole corn
2 tbsp flour
2 tbsp sugar
2 tbsp butter
1 tsp salt
2 eggs, beaten
4 oz. grated cheddar cheese
1/4 cup milk
1 to 2 tbsp finely chopped pimiento

Mix all ingredients together and pour into a greased 2 qt. baking dish. Bake at 350° for 45 min.

Chili Popcorn

2 tbsp grated parmesan cheese
2 tsp paprika
2 tsp chili powder
1 1/2 tsp salt
1/2 tsp garlic powder
1/8 tsp cayenne pepper
2 1/2 qts. popped popcorn
Refrigerated butter-flavored spray

In a large plastic bag, combine the parmesan cheese and seasonings. Mix well. Add popcorn and spritz with butter-flavored spray. Close bag and shake. Continue spritzing and shaking until popcorn is coated.

Hot Pizza Dip

1 8-oz. pkg. cream cheese, softened
1 tsp Italian seasoning
1 cup shredded Mozzarella cheese
3/4 cup shredded parmesan cheese
1 8-oz. can pizza sauce
2 tbsp chopped green pepper
2 tbsp sliced green onion
1 loaf thinly sliced Italian bread

Preheat oven to 350°. Combine cream cheese and Italian seasoning in bowl and mix well. Spread in bottom of a shallow oven-proof baking dish. Combine cheeses in a small bowl and sprinkle half of mix over cream cheese. Spread pizza sauce over the cheese. Sprinkle remaining cheese mix over sauce and top with peppers and onions. Bake for 15 to 18 min. or until bubbly. Serve on Italian bread slices.

Skillet Supper

1/2 pound kielbasa sausage
1 cup uncooked rice
15-oz. can stewed tomatoes
1 cup water
1 can kidney beans, drain and rinse
Cut sausage into pieces. Combine all ingredients in skillet. Bring to a boil and simmer for 20 min. Let sit 15 min.

Big 12-in. wheel out front helps wheelchair negotiate curbs and rough terrain.



“Big Wheel” Attachment Improves Wheelchair Mobility

One big front wheel is better than two small ones when it comes to maneuvering a wheelchair over obstacles and rough terrain. The FreeWheel® Wheelchair attachment was designed and developed by engineer Patrick Dougherty after an accident left him a C6/7 quadriplegic.

His manual wheelchair was difficult to maneuver in his backyard when he wanted to be with his children. With the help of machinist friends he built the first prototypes and sold them out of his garage. Serious factory production started in 2010, and the FreeWheel is now sold in 32 countries, says Cindy Krieg, business manager for the Boise, Idaho, company.

“It quickly and securely clamps onto the footrest frame and lifts the front casters off the ground. Putting the big 12-in. wheel out front increases the wheelbase and helps negotiate curbs and obstacles,” she explains.

She adds that even small bumps in the street can tip people out of their wheelchairs with standard size front wheels, so riders are always watching the ground in front of them.

“Customers tell us they can look up now. They don’t have to stare at their feet to make sure the casters don’t catch on anything,” Krieg says. Besides smoothing out the ride, the front wheel also stays straight with a detent mechanism (spring tension ball) to improve stability; it releases for easy turning.

She says she hears stories every day from customers excited about regaining some independence with the FreeWheel for a reasonable cost (\$599). With the RACK Carry-All, wheelchair users can also carry up to 25 lbs. of gear in front of them for easy access.

Some insurance companies cover at least part of the cost, and veterans receive full coverage.

FreeWheel products and dealers can also be found through the company’s distributor, www.epicalsolutions.com.

Contact: FARM SHOW Followup, Free Wheel, Cindy Krieg, Boise, Idaho (ph 208 571-2051; cindy@gofreewheel.com; www.gofreewheel.com).

Recycled Neck Ties

Chris Steinrueck and his brother David recycle old wood into ties and other items. The unique ties grab attention, says the co-owner of Wood Thumb.

“We wanted to make things out of reclaimed materials that would appeal to our age group,” says Steinrueck. “We’ve had an awesome response to the ties. We sell mostly to women who are looking for something unique. When you wear a wood tie, you get a really strong reaction from people.”

The Steinruecks’ original tie comes in two sizes: 19 3/4 in. suggested for those 5 ft., 9 in. and under and 21 1/2 in. for those 5 ft., 10 in. and over. It is priced at \$43.99. Ties are made from reclaimed California Redwood salvaged from tunnels, bridges and barns in the San Francisco Bay area. A length of cord threaded through each segment lets it flex.

Since bringing out their original ties 3 1/2 years ago, they have introduced striped wood ties (\$54.99), a bow tie (\$36.99) and wooden sunglasses, made from oak or walnut (\$125). They also offer a wood caddy (\$49.95) for a 6-pack of beer or soda, various wood shelves, wooden greeting cards and even a wooden “pizza box” for \$64.00.

“We continue to develop new products,” says Steinrueck. “We’re glad to do custom work if people have wood from their area.”

Contact: FARM SHOW Followup, Wood Thumb, 354 5th St., San Francisco, Calif. 94103 (ph 415 512-7040; belle@woodthumb.com; www.woodthumb.com).



Neck ties are made from recycled California Redwood. A length of cord threaded through each segment lets tie flex.



FARM SHOW®

New Products For The Farm, Ranch Home

Exotic Asian Veggies

A California seed company that’s been in business since 1917 specializes in Japanese heirloom vegetables.

With more than 250 seed varieties, the variations offered by Kitazawa Seed are almost overwhelming. The company lists 9 Japanese bunching onion varieties, 14 Japanese cucumbers, and eggplants from China (2), Thailand (7) and Japan (11).

Descriptions of the vegetables often include how they are used in Asian foods and how they differ from conventional American varieties. Carrots are a good example. The company catalog describes how they are pickled or added to curries in India, used in salads in Vietnam, carved into garnishes or added to soups in Japan and fermented in Korea. The carrots offered range in color from white to scarlet red, to purple with orange interior, as well as yellow and orange.

While the majority of vegetables have conventional North American counterparts others, like Komatsuna, are uniquely Japanese. This relative of the turnip family is raised for its leafy greens, which get hotter and stronger as the leaves mature. Other seeds are simply exotic, though not from an Asian country. Moloheyhia is a leafy vegetable popular in North Africa and the Mideast.

Even an old American standby like sweet corn gets a Japanese twist. Mirai 301 BC, a hybrid, has been bred to be super sweet. Kitazawa claims Mirai in the husk will hold its quality for up to 2 weeks in the refrigerator.

If you want something different for your kitchen garden or your market garden, Kitazawa Seed Company is the place to go.

Contact: FARM SHOW Followup, Kitazawa Seed Company, 201 4th St., #206, Oakland, Calif. 94607 (ph 510 595-1188; seeds@kitazawaseed.com; www.kitazawaseed.com).



Summer Dance cucumber is just one of the Japanese heirloom vegetable varieties offered by Kitazawa Seed Co.

Simple Planter Adds “Vertical Color” To Garden

It’s easy to add a vertical element to your landscaping with a simple wood planter, says FARM SHOW reader Robert Scaman. His wife, Delphi, came up with the design, and brother-in-law Steve Kannin built it.

He screwed a pvc cap to a piece of green-treated plywood and then glued a 45-in. piece of 1 1/2-in. pvc pipe to the cap. He drilled several holes in the pipe ranging from 1/16-in. dia. near the bottom to 1/4-in. dia. at the top about 4 to 5 in. apart.

The walls are 1 by 6 pine boards with 2-in. holes drilled to insert plugs or small plants after filling the area between the pipe and wood with potting soil.

“We just put the hose in the pipe at the top and fill it up. We can see when it starts draining, that all the plants are getting water,” Scaman says. “When it’s hot we water every day.”

Contact: FARM SHOW Followup, Robert Scaman, 2031 100th Ave., Kenosha, Wis. 53144 (ph 262 945-9718).



Plants grow out of 2-in. holes in vertical planter, which has a pvc irrigation pipe running through it.