Herbal Formula Eases Farmers' Aches And Pains

"I keep a jar of Steuart's Pain Formula by my bed and reach for it at night when my knee pain flares up. It knocks the pain right out," says Mike Marsden of Mabel, Minn. Marsden's been using Steuart's Pain Formula for about 4 years and says he's constantly recommending it to other people.

Steuart Laboratories originally developed Steuart's Pain Formula for race horses. Over the years, it has gained a following for treating other animals and humans. The cream contains extract of the herbs comfrey and arnica in a liposome base that penetrates the skin rapidly, says Gary Steuart, who founded the company in 1982. "People now use the product to relieve joint and muscle pain associated with arthritis and injuries," Steuart says.

Thomas Lindberg, Two Harbors, Minn., says, "I have arthritis pain in my shoulders and back and was having trouble sleeping through the night because of the pain. I read about Steuart's in FARM SHOW and was a bit skeptical at first but thought I'd give it a try. I was absolutely amazed at how well it worked and now use it ever day. It works better than anything on the market."

Joel Sloan of Mabel was familiar with Steuart's Pain Formula because he used it regularly for treating dairy cows with mastitis. "It really helped the cows because it causes a heat action and gets the blood flowing in the udder," he says.

When Sloan was recovering from hernia surgery several years ago, his bowel and urinary function slowed down. "I rubbed some on my abdomen and in 20 min., I could feel the product working and my bowel and urinary function were restored. The pain was gone."

Tom Donelson says he's on his fourth jar of Steuart's. "I give samples to everyone I meet that complains of joint or muscle pain. I've had minor knee surgery and a torn meniscus, as well as a degenerating disc. I originally used to take 2 to 3 ibuprofen a day. But now, after using Steuart's, I'm down to 2 to 3 a week. This product is great for anyone that doesn't want to or can't take drugs to manage pain. One woman I gave a sample too had jaundice in her liver from taking pain medication for arthritis. She's off medication and completely satisfied with this alternative. It's a wonderful product!"

Today, Steuart Laboratories manufactures and markets more than a dozen herbal and natural-oil healing and pain products for both human and animal use.

Contact: FARM SHOW Followup, Gary Steuart, Steuart Laboratories, 203 N. Main Street, P.O. Box 306, Mabel, Minn. 55954 (ph 507 493-5585; 877 210-9664; www. steuartlaboratories.com).

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Larger 5 oz. size Pain Formula was largely the result of feedback from FARM SHOW readers requesting a bigger size, says inventor Gary Steuart.

Tractor Shed Built Out Of Tire "Bricks"

"I had a lot of old tires laying around which would've been a hassle to dispose of. Instead, I used the tires to build a shed to house my three utility tractors," says Shane Myrick, Pleasanton, Kan.

"It's not the fanciest shed in the world, but it's built sturdy and keeps my tractors out of the weather. And, it only cost about \$1,000."

The one-of-a-kind building measures 20 ft. square and is open in front, with a gravel floor. The metal roof is supported by a steel frame and slopes from 15 ft. high in front to 10 ft. at the back. The walls are made from tires filled with crushed rock and measure 7 ft. high, with an opening between the walls and roof.

The car and truck tires overlap and interlock with the row below, just like bricks. The tires in the first 2 rows line up with each other, with the next 2 rows overlapping them.

The roof is supported by a series of steel trusses welded to 4 steel posts, one at each

corner of the building. The roof is screwed onto 2 by 6 and 2 by 8 rafters on 16-in. centers.

To build the walls, Myrick first laid a row of tires on the ground. Then he used 4 short 1 by 4 sticks (old hardwood flooring) to prop each tire open, jamming the pieces between the tire beads to prop the sides of the tire open. That way, when crushed rock was dumped out of a loader bucket it wouldn't flatten the tire out. Once the crushed rock was dumped, he removed the sticks and then used longer sticks to finish working crushed rock into the tires.

To contain crushed rock where the tires overlap, he cut circles out of tractor inner tubes and laid them in the bottom of each tire.

"Packing the tires was the most laborintensive part of construction. It took at least 20 minutes to pack each tire. I never counted how many tires I used. It would probably be better to overlap each row of tires, but I didn't have enough inner tubes," he says.



He stood in a loader bucket and used a sledge hammer to drive the steel posts into the ground, without using any concrete as anchors. To help keep the roof from sagging, in some places he welded horizontal steel plates onto the posts. "The plates are wedged in between the tires so the posts won't sink into the ground," notes Myrick.

Contact: FARM SHOW Followup, Shane Myrick, 17758 Vail Rd., Pleasanton, Kan. 66075 (ph 913 757-3309).